

Volunteer Position Description

Organisation:	Spinal Life Australia Ltd
Job Location	Spinal Life Healthy Living Centre, 2-4 Smith Street, North Cairns
Job Title:	Hydrotherapy and Gym Assistant
Contact Person for this Job:	Jess Schulze
Phone Number: Email Address:	4047 7691 jschulze@spinal.com.au
Day/Times this job is available: Average No. of hours	<input type="checkbox"/> Monday <input type="checkbox"/> Tuesday <input type="checkbox"/> Wednesday <input type="checkbox"/> Thursday <input type="checkbox"/> Friday
Tasks:	<p>As directed by the Physiotherapist and the Exercise Physiologist,</p> <ul style="list-style-type: none"> • observe and assist with one-on-one and group Hydrotherapy and Gym sessions • physically assist guests/clients with transfers (hoist, pool pod, etc), exercises and other activities • assist with equipment during sessions • assist in responding to emergencies • prepare for sessions e.g. set up equipment • tidy up after sessions e.g. clean equipment, dry equipment, put equipment away • monitor hydrotherapy and gym equipment and report any wear and tear or breakages • tidy storage areas in Pool and Gym areas <p>For hydrotherapy sessions, the Hydrotherapy and Gym Assistant may be required to assist in pool</p>
Skills required to do this job:	<ul style="list-style-type: none"> • Ability to follow instructions • Ability to work as part of a team • Great communication skills • Water confidence • CPR / First Aid / Life Saving (desirable but not essential)



Preferred volunteer characteristics:	<ul style="list-style-type: none"> • Great customer service • Friendly, people person 	
Training provided for this job:	<ul style="list-style-type: none"> • Pool safety procedure briefings • Building safety procedures 	
Volunteer is required to:	Work with minimal supervision Yes / No Work in a team environment Yes / No	
Skills to be gained from this job:	Opportunity to observe, assist and learn from experienced therapists Opportunity to learn about spinal cord injury and other disabilities and how physiotherapy and exercise physiology can assist and support people with disabilities	
Volunteer Name:		
Volunteer Signature:		Date:

Apply for this role by emailing Jessica Schulze: jschulze@spinal.com.au
Questions please phone: 4047 7691

